

Orthodontic matrix

Orthodontic System	Fixed Braces	Invisalign	Inman aligner
Information	<ul style="list-style-type: none"> ▪ Fixed metal wire aligning upper and lower teeth ▪ Ceramic brackets also available 	<ul style="list-style-type: none"> ▪ Clear aligner to straighten teeth 	<ul style="list-style-type: none"> ▪ Removable appliance to straighten teeth
Advantages	<ul style="list-style-type: none"> ▪ Good patient compliance ▪ Bigger range of movement ▪ Quicker than Invisalign ▪ Best results if you want a Hollywood smile!! ▪ Start treatment straight away 	<ul style="list-style-type: none"> ▪ Clear aligner ▪ Removable ▪ Socially acceptable ▪ Maintain good oral hygiene ▪ Eat/drink what you like ▪ Full/Lite/i7/Teen options available ▪ No extractions 	<ul style="list-style-type: none"> ▪ Faster treatment time ▪ Removable ▪ Eat/drink what you like ▪ Have your aligner within 3 weeks ▪ No teeth extractions ▪ Only one appliance
Disadvantages	<ul style="list-style-type: none"> ▪ More discomfort/irritation ▪ Fixed on to your teeth (not removable) ▪ Avoid certain foods ▪ Increase breakages ▪ May require healthy teeth to be extracted to make space 	<ul style="list-style-type: none"> ▪ If you don't wear it, it doesn't work ▪ Can be misplaced if not organised ▪ Slower than fixed braces ▪ Up to 6 weeks before you start treatment ▪ Multiple aligners ▪ Extra cost if you lose it or if mid-course correction is done 	<ul style="list-style-type: none"> ▪ If you don't wear it, it doesn't work ▪ Can be misplaced ▪ Correct each arch separately ▪ Extra cost if you lose it
Limitations	<ul style="list-style-type: none"> ▪ No limitations, all tooth movements possible 	<ul style="list-style-type: none"> ▪ May need fixed braces for certain movements before Invisalign 	<ul style="list-style-type: none"> ▪ Upper and lower front teeth only ▪ Crowding up to 6mm
Estimated Treatment time	<ul style="list-style-type: none"> ▪ 6 - 24 months 	<ul style="list-style-type: none"> ▪ 12 – 24 months 	<ul style="list-style-type: none"> ▪ 2 – 5 months
Estimated Cost	<ul style="list-style-type: none"> ▪ Starting from £3000 	<ul style="list-style-type: none"> ▪ Starting from £1750 	<ul style="list-style-type: none"> ▪ Starting from £1500 per arch
3D Movie Analysis	Possibly - if in combination with Invisalign	Yes Assessment - £275	Yes and Spacewise Assessment - £100
Other	<ul style="list-style-type: none"> ▪ Requires retention after treatment ▪ Visits every 6 – 8 weeks 	<ul style="list-style-type: none"> ▪ Aligners need to be worn at least 23 hours per day ▪ Requires small composite attachments to help aid movement ▪ Requires retention after treatment ▪ IPR to make space ▪ Visits every 8 – 10 weeks 	<ul style="list-style-type: none"> ▪ Wear appliance between 18 – 20 hours per day ▪ Requires small composite buttons to aid movement ▪ Requires retention after treatment ▪ IPR to make space ▪ Visits every 2 – 3 weeks